

Keston Audio Trail Map



How to get to the start of the Keston Audio Trail:

Distance: 2.3 miles **Allow:** 2.5 hours

This audio trail is along mainly level, but sometimes muddy paths. Two roads need to be crossed which are sometimes busy. Alternative routes are given to avoid some steps along the route.

1 Westerham Car Park - Keston Common

If traveling by:

Bus:

R2 (Mon-Sat) Petts Wood to Biggin Hill Valley via Orpington Station and Keston Mark

146 Bromley to Downe via Keston

246 Bromley to Westerham via Hayes Station, Keston and Biggin Hill

320 Bromley to Biggin Hill Vally via Bromley Common, Keston Mark & Leaves Green

353 Orpington (Ramsden Estate) to Addington via Orpington Station, Locksbottom, Keston Mark & Hayes Station

Car: From Bromley head south on the A233 Westerham Road. The car park is 250 metres on the right after Fishponds Road.

Train: Nearest Station is Hayes

For up-to-date information about train and bus times ring the Transport for London helpline on **0845 300 7000** or visit **www.tfl.gov.uk**, where you can use the journey planner facility.

2 Ceasar's Well

Close to the car park entrance you will see 20 steps. Head down these and listen to track 2 by the brick-lined stream.

These steps can be avoided by following the high path to the north west of the pond and rejoining the route at stop 3.

3 The Middle Pond

Head along the right hand side of the reservoir and turn left between the 1st and 2nd ponds. Turn right where many paths cross, head down 5 steps and listen to track 3 halfway along the left hand side of the 2nd pond.

4 The Bottom Pond

Continue along the path and carefully cross the road. Head down the steps to the 3rd pond, follow the path around its edge and listen to track 4 on the bridge.

Alternatively, after crossing the road keep to the left hand path and turn right after 25 metres to head down to the third pond.

5 The River Ravensbourne

Follow the path along the bottom of the pond and turn left. Follow the path along the right hand side of the River Ravensbourne and listen to track 5 when you are within 10 metres of the large pair of wooden gates and one metal gate on your right.

6 Ornamental Gardens

Continue along the path, cross a small bridge and listen to track 6 when you reach the small brick wall with the drain.

7 Padmall Wood

From here turn right. Ignore both the path with the bridge over the river in front of you and another left hand turn with a bridge after 90 metres. Instead, continue ahead and take the next left turn which cuts back on itself, a further 150 metres ahead. Listen to track 7 when you reach the bridge.

8 Wood Bank

Turn left and on reaching the t-junction turn right and listen to track 8 by the concrete marker post with the number 11 painted on it, 70 metres further on.

9 Dry Meadow

Follow the path through the wood and take the right hand path where it forks by marker post 12. Head towards the standing dead tree and listen to track 9 in the middle of the meadow.

10 Wet Meadow

Continue along the path towards the dead tree and follow it as it bears left. Ignore the first path on your right and continue past 3 tall, Lombardy Poplar trees. You will notice another path running parallel to you right with wooden barriers. Continue downhill and listen to track 10 when these paths meet again, a further 50 metres ahead.

11 Cherry Laurel

Turn right, cross the wet meadow and listen to track 11 next to the wooden gate by the woodland.

12 Keston Bog

Walk past the gate, turn left and after 50 metres turn right through the pine woodland. Listen to track 12 approximately 50 metres further on.

13 Heathland

Continue ahead, ignoring paths to the left and right and safely cross the road after 100 metres. Turn left onto the main footpath and follow this back towards the 2nd pond you passed near the start. Listen to track 13 by the large rectangular log that serves as a bench before you reach the pond.

14 Earthworks

When you are ready, take the nearest of two paths by the bench that heads into an open grassy area on the right. Continue uphill for approximately 100 metres, ignoring small paths to the right and head into a second grassy area. Turn left by a forked pine tree into woodland and then right onto the main path. Listen to track 14 where this path crosses a small mound approximately 25 metres ahead.

15 Wilberforce Tree

Continue straight on into the open heathy area and past the 'Keston Common' panel. Ignore the path on the left and continue along the path and turn left at the t-junction. Safely cross the sometimes busy road onto the path opposite. Head along the path for 5-10 minutes and listen to track 15 by the stone bench on your left.

16 Gravel Pits

Return back the way you came. Once you have safely crossed the road and taken the 1st right listen to track 16 as you follow this path back to the car park.