

How to get to the start of the Cudham Audio Trail:

Distance: 1.85 miles Allow: 2 hours

Please note this audio trail is not suitable for wheelchairs/pushchairs as the route contains steps, stiles and some short, but steep climbs.



If travelling by:

Bus:

Cudham is served by the R5 and R10 services which operate Monday to Saturdays except in the evenings.

Car:

Cudham Recreational Ground can be found on Cudham Lane South, Cudham, TN14 7QB.

Train:

Nearest Stations are Chelsfield (3.3 miles), Knockholt (3.4 miles).

For up-to-date information about train and bus times ring the Transport for London helpline on **0845 300 7000** or visit www.tfl.gov.uk where you can use the journey planner facility.



From the car park, head along the tarmac path, past the tennis courts and toilets and turn left into the churchyard. Listen to track 2 when you reach the hollow Yew tree just before the church.

3 Cudham Recreation Ground Car Park (2)

When you have finished exploring the churchyard, retrace your steps and listen to track 3 just before reaching the car park.

4

Blacksmith's Arms

Carefully exit the car park and turn right. Keep to the right hand side of the road so you are facing the oncoming traffic and very carefully cross over onto the public footpath opposite the Blacksmith's Arms. Turn left along the track and listen to track 4 just before you reach the road.

Valley Bottom

Turn right onto 'New Barn Lane'. After approximately 4 minutes, turn right onto the public footpath signposted to Biggin Hill $1^{1/2}$ miles away. Head down the steps, through the woodland and into the open grassland. Listen to track 5 at the set of two gates in the valley bottom.

Orchid Glade

Head straight on and to the right of the woodland (ignoring the path on the left that runs below the woods). Take the first gate on the left after walking alongside the woodland for approximately 50 metres. You will soon notice a fenced-off grassland area on your left which can be entered through at gate approximately 100 metres on your left. Here listen to track 6

Woodland

Retrace your steps back to the gate with the 'Blackbush Shaw' information board. Once through this gate, turn left, head uphill and after passing the bench take your first right. Listen to track 7 at any point along this woodland path.



Continue along this path, keeping right where the path forks. Just before you reach the road turn right and head down the permitted bridleway that runs between the road on the left and the grassland on the right. Listen to track 8 when you reach the set of double gates either side of the path opposite number 1 Bottom Barn Cottage.

9 Bench

Your next stop is the bench that can be seen, between two large Ash trees, on the hillside above and directly in front of you. Continue along and then up the bridleway and join the left hand path signposted 'Knockholt 1 $^{3}/_{4}$ miles'. Head up to, and cross the stile and follow the steep path to the bench where you can listen to track 9 and have a rest!

Return to Cudham Recreational Ground

Carry on uphill and you will soon reach the Blacksmith's Arms. Carefully cross the road and turn right, keeping a wary eye on traffic and return to Cudham recreation ground car park.